

What to do if you are a close contact of someone with COVID-19 at school

Staff identified as close contacts are notified during the contact tracing investigation via email and/or phone call by the central contact tracing team

Are you fully vaccinated OR have you tested positive in the past three months and recovered?

YES

NO

NO Symptoms

Has Symptoms

Has Symptoms

NO Symptoms

Can remain at work however, you should:

- Get tested 5 to 7 days after known exposure
- Continue wearing a mask in all public indoor settings
- Watch for symptoms for 14 days after close contact

Test for COVID-19

Can return to work after:

- A negative test result for COVID-19
- No fever within the past 24 hours (without medication)

AND

- Symptoms have significantly improved

If positive for COVID-19 OR Do not get tested

Test for COVID-19

If positive for COVID-19 OR Do not get tested

Can return to work after:

- 10 days have passed since symptoms first appeared

IF

- No fever within 24 hours (without medication)

AND

- Symptoms have significantly improved

If negative for COVID-19

Can return to work after:

- 7 days from the last day you had close contact with the person with COVID-19 if no symptoms develop and after receiving a negative test result
- The test should occur no sooner than on or after day 5 post-exposure
- Continue to monitor for symptoms until day 14. If symptoms develop, isolate and get tested

Negative test results may come from school testing program, a health care provider, local health jurisdiction, pharmacy, or other community-based test site

Proof of negative COVID-19 test includes the original, a copy, or a photo of a document or other communication from the test provider or laboratory that shows:

- The first and last name of person tested
- Type of laboratory test
- Date test was taken

Get a COVID-19 Test

- Fully vaccinated close contacts should be tested for COVID-19 5 -7 days after exposure, even if not experiencing symptoms and monitor for symptoms for 14 days following the last exposure or until test result is negative.
- Unvaccinated close contacts should get tested on or after day 5 post-exposure. Staff may return to work after 7 days if no symptoms develop and you do not test positive. You should continue to monitor for symptoms until day 14.
- If you as a close contact develop symptoms, you need to isolate and be tested as soon as possible.

What communication will staff receive?

- The SPS contact tracing team will communicate directly with the staff member with a confirmed case via phone and/or email to discuss next steps.
- SPS notifies the entire classroom via email when there is a positive case that students may have been exposed to. All staff are informed of confirmed cases each week
- SPS does not notify the full school community, except in rare cases, to protect student and staff privacy. Staff can view the COVID-19 dashboard to view cases in their school buildings
<https://www.seattleschools.org/resources/covid-19-dashboard/>

Identifying all close contacts

When identifying all close contacts in school and school-associated activities during the case's contagious period the SPS Contact Tracing team considers the following settings:

Classroom – Student close contacts

- Any students who were less than three feet away from the case for a total of 15 minutes or more within 24 hours during the case's contagious period.
- Any students who were between three to six feet away from the case for a total of 15 minutes or more within 24 hours during the case's contagious period if masks were not consistently worn correctly.

Classroom – Teacher and staff close contacts

- Any teacher or staff who was less than 6 feet from the case for a total of 15 minutes or more within 24 hours during the case's contagious period.

Close contacts in all the settings below include any students or teachers/staff who were less than six feet away from the case for a total of 15 minutes or more within 24 hours during the case's contagious period.

- Lunchroom, breaks, recess
- Sports, performance arts, or other extracurricular activities
- Transportation
- For staff, consider interactions with colleagues or additional meetings (e.g. staff meetings, parent-teacher conferences, break rooms)