

What to do if you have a symptom(s) of COVID-19 AND Have NOT Had Close Contact with Someone with COVID

For the following symptoms:

Fever >100.4°F or chills

Muscle or body aches

Difficulty breathing or shortness of breath

New loss of taste or smell

Cough (new, changed, or worsening)

For the following symptoms:

Headache

Sore throat

Nausea or vomiting

Fatigue

Diarrhea

Congestion or runny nose

Step 1:
Stay home from work and get tested for COVID-19

Step 1:
Stay home from work

When can I return to work?

Was only ONE symptom present?

Negative COVID-19 Test Result OR Received an alternative named diagnosis from a health care provider PLUS a negative test

Positive COVID-19 Test Result; Did not receive an alternative named diagnosis from health care provider OR Did not get tested

NO

YES

Did the symptom resolve within 24 hours OR is the symptom consistent with a diagnosed chronic illness?

Can return to work after:

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- 24 Hours after fever has resolved (without medication)

- 10 days have passed since symptoms first appeared
- IF

AND

- No fever within the past 24 hours (without medication)

- Symptoms have significantly improved

AND

- Symptoms have significantly improved

NO

YES

Can return to work if:

- No fever within the past 24 hours (without medication)

AND

- Symptoms have significantly improved

